### Guidelines for switching between specific antidepressants

#### SSRIs
- **Venlafaxine**
  - Taper and stop, then start venlafaxine at 50 mg.
  - Taper and stop, then start venlafaxine at 100 mg.
  - Taper and stop, then start fluoxetine at low dose.
  - Taper and stop, then start fluoxetine at low dose.
- **Desvenlafaxine**
  - Taper and stop, then start fluoxetine at low dose.
  - Taper and stop, then start fluoxetine at low dose.
- **Mirtazapine**
  - Taper and stop, then start fluoxetine at low dose.
  - Taper and stop, then start fluoxetine at low dose.
  - Start fluoxetine at 10 mg.
- **Agomelatine**
  - Stop agomelatine, then start fluoxetine.
  - Stop agomelatine, then start fluoxetine.
  - Start fluoxetine at 25 mg.
- **Reboxetine**
  - Taper reboxetine, then start fluoxetine at 4 mg.
  - Taper reboxetine, then start fluoxetine at 4 mg.
  - Taper reboxetine, then start fluoxetine at 5 mg.
- **Vortioxetine**
  - Taper and stop vortioxetine, then start clomipramine at 25 mg.
  - Taper and stop vortioxetine, then start clomipramine at 25 mg.
  - Taper and stop vortioxetine, then start clomipramine at 25 mg.

#### TCA
- **Amitriptyline**
  - Stop fluoxetine (or taper drug, wait 7 days for washout, then start amitriptyline at 25 mg).
  - Stop fluoxetine (or taper drug, wait 7 days for washout, then start amitriptyline at 25 mg).
  - Stop fluoxetine (or taper drug, wait 7 days for washout, then start amitriptyline at 50 mg).
- **Clomipramine**
  - Taper and stop clomipramine, then start fluoxetine at 10 mg.
  - Taper and stop clomipramine, then start fluoxetine at 10 mg.
  - Taper and stop clomipramine, then start fluoxetine at 15 mg.

#### MAOIs
- **Tranylcypromine**
  - Taper and stop MAOI, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop MAOI, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop MAOI, then wait 24 hours for washout before starting clomipramine.
- **Moclobemide**
  - Taper and stop moclobemide, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop moclobemide, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop moclobemide, then wait 24 hours for washout before starting clomipramine.
- **Phenelzine**
  - Taper and stop phenelzine, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop phenelzine, then wait 24 hours for washout before starting clomipramine.
  - Taper and stop phenelzine, then wait 24 hours for washout before starting clomipramine.

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**MAOI** monoamine oxidase inhibitor; **SNRI** serotonin noradrenaline reuptake inhibitor; **TCA** tricyclic antidepressant; **SSRI** selective serotonin reuptake inhibitor.