Some medicines for pain have codeine in them. If you take too much codeine it can be harmful to you.

This is why there are new rules about medicines with codeine. From 1 February 2018 you will need a script for medicine with codeine. Talk to your nurse, pharmacist or doctor about what this means for you.
WHAT CAN YOU DO
WHEN YOU FEEL PAIN?

IF YOU HAVE PAIN SOMETIMES.
IF YOUR PAIN LASTS A SHORT TIME.

➤ You can take pain medicines like paracetamol, ibuprofen or aspirin.
➤ You can buy these medicines at the chemist.
➤ The pharmacist will help to find the right pain medicine for you.

IF YOUR PAIN IS BAD.
IF YOUR PAIN LASTS A LONG TIME.

➤ There are medicines for bad pain or pain that lasts a long time.
➤ If you have this kind of pain, talk to your doctor, nurse or pharmacist about it.
➤ You may need a script.
For more help with your pain, talk to your doctor, nurse or pharmacist.
For more information please visit our website

www.nps.org.au/codeine