

Instructions for putting on the face mask (surgical mask)

Hygienic hand disinfection



- Use enough disinfectant
- Keep the appropriate exposure time to the disinfectant
- Disinfect all areas of the hand including the wrists

Failing to do so will lead to the contamination of the entire package!

Take a mask out of the package



Putting the mask on



- Cover your mouth and nose completely with the mask
- Securing the mask:
Model with straps – tie the straps on the upper side of your backhead and around the neck
Model with elastic straps: hook the straps behind your ears
- Push and adjust the nasal clip to ensure the correct and safe position of the mask

Taking the mask off



- Hygienic hand disinfection
- Open/Tear open the straps or unhook the elastic straps
- Take the mask off to the front
- Dispose into a container with a pedal-driven lid
- Repeat the hygienic hand disinfection

Do you need to change the mask's position?



-> Hygienic hand disinfection before and after every manipulation of the mask!

Reasons to change the mask

The wearing time of a mask is highly variable, depending on your activities and can be anywhere from a few minutes to several hours.

You need to change the mask

- if it got wet
- if it got contaminated from the outside (blood, vomit, ...)
- when leaving an isolation zone or room
- before entering a reverse isolation room

CAVEAT !

- Do not put on a mask you have taken off, even briefly
- Do not wear the mask hanging around your neck
- Do not push the mask aside, even briefly, to drink something

Instruction videos and further information can be found here:

