



Dear colleagues dear friends of the Institute,

With the onset of the fall semester, Prof. Dr. Jörg Schelling has – for now – left his long-time service at LMU General Practice. Please allow some personal words here: Mr. Schelling represents the typical academic ideal: physician, teacher and researcher all in one. After the Institute's founding in 2014, with his work on vaccinations, he gave an important impetus to the research in the field of general care at LMU. Students at the university know Mr. Schelling as an outstanding lecturer. Some of them are now preparing for their qualification as specialists in general medicine in his workshop "Allgemeinmedizin Kompakt". To pay tribute to his work, LMU

bestowed an honorary professorship on Mr. Schelling. All this became possible due to his being firmly rooted in his own family practice in the south of Munich – after moving it to a new location, he will fully focus once again on patient care. Thank you for the productive transition period we went through the during the last two years. And... see you again soon!

Further thanks go out to Wiltrud Garcia-Aznaran, who managed general-care education at LMU for more than 10 years, together with dedicated colleagues, of course. Ms. Garcia-Aznaran also decided to concentrate on patient care again. Finally, I am happy to announce that our new professor for clinical health services research will join the Institute in the first quarter of 2019. I wish you a pleasant change-of-seasons – from the long, hot summer to Christmas-time, which will be arriving very soon!

With best regards,

Jochen Gensichen

and Team LMU-General Medicine

COMPANY FOR PATIENTS SUFFERING DEPRESSION

Company through a general practice team for patients suffering depression has proven its worth. But what does it look like in the long run? In the PRoMPT study, we were able to identify 60,5% quick-reacting and 39,5% slow-reacting patients out of 310 participants. By trend, the quick-reacting patients had a higher level of depression but fewer comorbidities. Perhaps slowly improving patients need intensified care. (Petersen et al, Plos One, 2018). other things, the RAI study on the use of antibiotics showed that 70 percent of the GPs surveyed also consider their own prescribing behavior to be the reason of the increase in resistance. Almost everyone knows the option of "tightened prescriptions", but only 30 percent do so (Salm et al., BMC Infectious Diseases, 2018). Jochen.Gensichen@med.uni-muenchen.de

NEW SCORE FOR CHRONIC DISEASES

For the development of targeted assistance concepts, describing the burden of diseases is required mainly in elderly and multiple diseased patients. On the basis of guideline-oriented drug recommendations, 22 scientists generated a new medication-based score to predict mortality in elderly patients with chronic diseases. The score was evolved from the MultiCare cohort and checked with the ESTHER and KORA-Age cohorts. With a ROC-range of 0,73 (95%-CI 0,70-0,76) the new medCDS-Score is superior to existing scores (RxRisk/Fishman; CDS/Korff and ATC3/our team) with respect to the predictive value. (Quinzler et al, J Clin Epi, 2018). walter.emil.haefeli@med.uni-heidelberg.de

MEASLES VACCINATION: BARRIERS & STRATEGIES

Measles are to be extirpated in Europe by 2020. This literature review shows an immunization gap: In children born in 2014, the recommended vaccination uptake of 95% for the first dose is not reached earlier than the age of 24 months. Reasons may be security concerns and carelessness by children's parents or scepticism of general practitioners. Providing reliable information by means of an educational, trusting dialogue, vaccine reminders and easier access to immunization may be strategies to overcome the described problems. (Storr et al, Dtsch Arztebl Int, 2018). Linda.Sanftenberg@med.uni-muenchen.de

SUICIDAL TENDENCIES IN PATIENTS WITH ANXIETY

With about 5%, patients with anxiety disorders are quite frequent in the general practice. The PARADIES-Study showed that those patients often (25%) additionally suffer from suicidal thoughts. Risk increases considerably in case of comorbid depression. (OR 2.33 (1.12–4.84). (Teismann et al, BMC Psych, 2018). Karoline.Lukaschek@med.uni-muenchen.de

... IN INNSBRUCK

During the annual congress of the German College of General Practitioners and Family Physicians (DEGAM) from September 13th to 15th 2018, which took place in Innsbruck, the LMU Institute of General Practice was represented with seven scientific contributions (s. Homepage > Newsarchiv). We particularly enjoyed the workshop based on our PICTURE-Study (posttraumatic stress disorder after ICU hospitalization). Furthermore, our large project team recruited from Dresden, Berlin, Hamburg, Tuebingen and Munich, received an update training on the intervention therapy by Prof. Dr. Thomas Elbert from Constance. Susanne.Schultz@med.uni-muenchen.de

MEASURING DEVICES FOR GENERAL PRACTICE

To prevent false findings, measuring instruments have to be tested regarding safety and accuracy in step with actual practice before they are used in daily routine. A selection of instruments analysed and approved by our institute is now available on our homepage, including questionnaires with reference to anxiety, depression, arthritis, cardiac insufficiency and for assessing physician-patient-relationship or patient satisfaction (see [homepage](#) > [Forschung](#) > [Messinstrumente](#))

IMPRESSUM

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EVENTS

“Allgemeinmedizin Kompakt” (General Medicine Compact)

Once again, next year's „Allgemeinmedizin Kompakt“ will take place for all those who want to prepare for the general medicine certification examination or who are interested in refreshing their knowledge. The range of topics covers the most frequent consultation issues in general-medical practices as well as the most important exam subjects. New dates:

Part 2: Fr., 07.12.2018 (14:00-18:00)
and Sat., 08.12.2019 (9:00-17:00)
Part 1: Fr., 28.06.2019 (14:00-18:00)
and Sat., 29.06.2019 (9:00-17:00)
Part 2: Fr., 13.12.2019 (14:00-18:00)
and Sat., 14.12.2019 (9:00-17:00)
See [homepage](#) > [Lehre](#) > [Weiterbildung](#)

Panel discussion with our students: February 6th 2019, 14:00 – 15:30

We would like to start the next semester with another discussion about the perspectives of our profession and the steps needed to get there. We will welcome Bernadett Hilbert (Bayerische Junge Allgemeinmedizin), Dagmar Schneider (leader of the BLÄK-coordination unit for general medicine in Munich), Oliver Abbushi (chairman of the Bavarian general practitioners' federation) and Dieter Treu (active GP) together with our students. In focus: explanations and dialogues regarding the topic „GPs now and in the future – everyday – and state-of-the-art medicine“. The discussion will be a public event, held in the big auditorium, Maistr. 11.

LMU-day of general medicine: March 16th 2019

A premiere, intended as an advanced training lead by GPs for GPs. Beginning next year – with and also for you – we would like to offer reliable advanced training opportunities for GPs in and around Munich. In small seminar groups and without classroom lectures, great emphasis will be placed on direct professional exchange between colleagues. Current GP topics will be presented in a way, so that experienced colleagues as well as doctors in training can benefit from the event immediately and definitely. An add-on-program will be aimed at medical assistants in your practice. The program will be available on our homepage at the end of the year. Robert.Philipp.Kosilek@med.uni-muenchen.de

Lecturers-Meeting: May 8th + October 16th 2019

The bi-annual events – as well as the „LMU-day of general medicine“ – offer the possibility for all student trainers, who are responsible for placements, to attend the – once a year – compulsory advanced training. 18:30-20:30, room 81, Pettenkoferstr. 8a. Lina.Lauffer@med.uni-muenchen.de

DEGAM-Congress: 12th -14th September 2019

Addressing the topic „The work of a family physician: between well-being of patients and society's requirements – What does medical professionalism amount to?“ this year's annual society meeting will take place in nearby Erlangen. <https://www.degam.de/kongress-veranstaltungen.html>

HUFELAND AWARD FOR JOCHEN GENSICHEN



On November 5th Prof. Dr. Jochen Gensichen and Dr. Konrad Schmidt received the renowned “Hufeland-Award” 2017 in Cologne, honouring their work pertaining to the SMOOTH-Study: “Living safely after sepsis”. Endowed with 20.000,- EUR, the award is given annually through a German medical fraternities' jury by order of the “Deutsche Ärzteversicherung” (German physicians insurance) honouring trendsetting achievements and outstanding research results in preventive medicine. Prof. Dr. Gensichen, Dr. Schmidt and Mr. Dettlef Gsyen from Cologne shared the 2017 award. Interviews with the laureates can be found [here](#) on the Deutsche Ärzteversicherung [homepage](#).

LINDA SANFTENBERG JOINS SCIENTIFIC ADVISORY COUNCIL

Dr Linda Sanftenberg was appointed to the scientific advisory council of “[impfbrief.de](#)”, which is a monthly published newsletter reporting scientifically and independently about everything related to vaccination. Thanks to the online journal, not only medical professionals are able to get up-to-date data, but also, patients can benefit from understandable and reliable information. Linda.Sanftenberg@med.uni-muenchen.de

TEACHING

MELANIE SEDLMAYR IN THE OFFICE OF TEACHING



Ms. Melanie Sedlmayr is the new personal secretary for teaching: she is now the first contact point for students and all medical trainers. In cooperation with our teaching manager Ms. Lina Lauffer, she will take care of good teaching practice as well as further education and training possibilities. You are welcome to direct your enquiries to Ms. Sedlmayr. Her consultation hours are Monday, Tuesday, Thursday and Friday between 9 am and 1 pm, as well as Tuesday between 2 pm and 4 pm. Her contact is: 0049-(0)89-4400-54928. Melanie.Sedlmayr@med.uni-muenchen.de

SPECIALIST TRAINING ASSISTED BY MENTORING

Although medical doctors go through a long period of education and training, taking over medical care often remains challenging. The competence centre for education in general medicine in Bavaria is initiating a pilot project called “Verantwortung stärken” (strengthening responsibility), which will support doctors-in-training in exposure to the medical liability. Such a mentoring programme is most effective if mentor and mentee are brought together using transparent criteria. Accordingly, we are currently testing a new mentoring-matching procedure. Lina.Lauffer@med.uni-muenchen.de

PUBLICATIONS:

Our publications can be found on our homepage <http://allgemeinmedizin.klinikum.uni-muenchen.de>

Our newsletter is published three times a year. If you wish to unsubscribe, please send an e-mail to: allgemeinmedizin@med.uni-muenchen.de