

Newsletter LMU General Practice & Family Medicine**July 2020 Issue**

Dear colleagues and friends of the Institute,

As you can see, this issue of the Newsletter is published in our new design according to the new branding „LMU Klinikum“. COVID-19 and „mobile working“ recently turned our Institute upside down: daily updated operating plans for the Institute, finding a workplace at home... How do we stay in contact with each other? Webcams and frequent Software-Upgrades, Updates which do not work... Sweatpants or business look? Dozen of Zoom conferences, sometimes with uninvited guests...

All together we developed a complete new concept for teaching and a partial concept for research; both worked out pretty well. However we will all be happy when everyday life at the Institute returns and we can meet colleagues and students in person again. What is more, everyone in the team is looking forward to enjoying our birthday get-togethers again with homemade cake, enjoyed together on our own private balcony with a bird's eye view of Munich.

Our doctors of the General Practitioner 360° programm contributed to the reliable patient care of the LMU hospital in these unusual times by additional work in form of special operations. They completed their advanced training online with the Virtual University of Bavaria (OPEN vhb). Their research projects were continued in their freetime. We, in the name of the LMU Hospital, thank them for their contributions.

With thanks and greetings,
sincerely yours,
Jochen Gensichen

and the team of the
LMU General Practice

IMPRESSUM

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COVID, ICU and its consequences

In times of COVID-19 the Intensive Care Unit ist the centre of attention. But what comes after? How do COVID-19 patients come along afterwards? The conversation with the GP about the inpatient stay at the ICU hopefully helps – even if there are only slight signs or symptoms of a psychological burden. In the PICTURE-Study (DFG) we examine a short version of narrative therapy done by the GP. We were also able to provide information for the DEGAM S1-Guideline for COVID-19 and to the expert panel for longterm care of the Bavarian Health Department.

Some patients at present also shy away from the doctor appointment, but this is also changing. Our psychologist Dr. Friemel has been doing online trainings for family doctors and, although at first it was unfamiliar to do GP trainings of the NET-Therapy by telephone, it has since been very well received.

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Adults with ADHD

„I don't have patients with ADHD – or do I? Are adults with ADHD over- or maybe underdiagnosed?“ Researchers are divided, when it comes to this topic. One thing is for sure - a lot of these patients are seen only by their GP. Do we recognise them as such? This is what we want to find out. Therefore we will test a screening tool for adults with ADHD in a study starting in October. Please mail us if you are interested.

Cora.Ballmann@med.uni-muenchen.de

Visit on the phone

We also examine consequences from the Corona outbreak and the subsequent restrictions on older GP patients from our AgeWell study (in charge: Prof. Steffi-Riedel-Heller, ISAP University Leipzig). Our accompanying and supportive conversations are also being made by telephone, instead of in person.

Flora.Kuehne@med.uni-muenchen.de, Andrea.Bischoff@med.uni-muenchen.de

A conversation rather than a query

Four questions concerning suicidality, regarding attempts, plans, expectations and protective factors, seem to be helpful in a family practice. The evaluation of our data from 223 patients indicates that this not be done in the form of a classic anonymous screening tool, but in the form of a conversation guide.

Sabine.Schluessel@med.uni-muenchen.de

Research group pharmacotherapy

Prof. Dreischulte's team is becoming a research group. The statistician Marietta Rottenkolber is analysing routine data from health insurance companies for drug safety. The pharmacist Annette Härdtlein is working on our POLAR-project which examines drug-related hospitalization together with the hospital pharmacy (PD Dr. Hanna Karin Mannell). The pharmacist Christian Wendler is working on projects concerning de-prescribing: cessation of medication which increase the risk of falling.

Tobias.Dreischulte@med.uni-muenchen.de

News from the POLAR-research

The second meeting of the research groups involved in the POLAR-project (POLypharmacy, (A)drug interactions, Risks) took place on May 27th. In collaboration with the medical informatics initiative and one pharmaceutical group, which Tobias Dreischulte is a member of, it dealt with the implementation of algorithms in routine datasets for the increase of drug therapy safety in the ambulant and stationary setting. Despite the inability to meet in Leipzig due to the recent situation, 60 researchers still were able to discuss the current research progress via video conference.

Tobias.Dreischulte@med.uni-muenchen.de

Decisions concerning vaccination

Does an increased participation of patients (Shared Decision Making) concerning vaccination decision increase vaccination rate? Initial analyses of 21 studies and different degrees of „participatory decision making“ in adults in the ambulant setting seem to show improved vaccination rates.

Flora.Kuehne@med.uni-muenchen.de

Events

(subject to the current situation)

Summer School, Aug. 8th–Sept. 9th, 2020

The internship program in the district of Miltenberg, which the Bavarian General Practitioners Association supports, combines an internship with workshops on general medical topics. A varied leisure program is also planned, see [Homepage des Bayerischen Hausärzterverbandes](#).

LMU General Medicine Day

Saturday, October 3rd, 8 a.m – 5 p.m

Please read under the heading „Teaching“ of this Newsletter. [Hier](#) you come directly to the Eventpage, where you can book.

Paul.Delker@med.uni-muenchen.de

Meeting with teaching doctors

October 28th, 6:30 p.m.

The meeting with our teaching doctors takes place again on a Wednesday from 6:30 pm to 8:30 pm. The meeting form, either digital or as a face-to-face event in room E0.81 in the old polyclinic, is still open. As always, there are CME points. Please register with:

Tamara.Hartmann@med.uni-muenchen.de

Symposium of the Foundation General medicine Oct. 30th, 4 p.m., Cologne

The foundation, along with the Melanchthon Academy in Cologne, invites doctors, patients and anyone interested, to listen and discuss. Well-known experts deal with current political decisions on euthanasia at this symposium. Registration with:

anmeldung@melanchthon-akademie.de

Citizens' talk on COVID-19

October / November in Tutzing

Together with the „Evangelische Akademie Tutzing“, the General Medicine Foundation is planning a current evening event on the pandemic and its consequences. Moderated by Academy Director Udo Hahn, Dr. Marianne Koch, as the foundation's representative, and Prof. Dr. Karl Jauch, Medical Director of the LMU Munich, interlocutor will be present. In addition to medical aspects, we also want to address questions about pastoral care in conversation with the audience. The exact date has not yet been determined. Pre-registrations are already possible at:

Andrea.Bischoff@med.uni-muenchen.de

General Medicine Compact, Part 2

Nov. 26-28, 9 a.m. - 6.30 p.m. in Munich

Preparation for the specialist examination and refresher; can also be booked with a sonography course on request. More information, including registration, can be found on our

[Homepage>Lehre>Weiterbildung](#)

DEGAM + WONCA congress

December 17th-19th in Berlin

The 25th annual WONCA conference will be combined this year with the 54th congress of the German Society for General Medicine and Family Medicine. The congress, initially planned for June, was postponed due to the corona pandemic and is now taking place in Berlin in December. For information and registration see

[Webseite Wonca Europe2020](#) and [DEGAM-Homepage](#).

Teaching

Online-Teaching in General Medicine – Success or loss?

Our teaching was offered completely online in the summer semester 2020 - with the exception of the block internship in general practice. The first response to this enormous experiment was positive, and our rapid deployment showed in particular: Technically, it was and is possible! Colleagues were happy to be able to continue teaching despite the sometimes long distances, and to be able to take part in our meetings with teachers. What will prove itself in the long run? It is still completely unclear. In any case, we would like to thank you for the flexibility and commitment to be at least virtually there for our students even under difficult conditions!

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Selfprotection, Attentiveness and Corona

An extra mentoring meeting for 10 young AIW (physicians in further education) in the Bavarian General Medicine Competence Center took place online on May 20th. It was about coping with the current situation and strengthening personal resources (moderation: Dr. M. Roos, Erlangen). We were surprised, that despite the online format, a very personal and profound exchange was possible. Motivated mentors are still very much in demand!

Sabine.Schluessel@med.uni-muenchen.de

LMU General Medicine Day

Despite the Corona crisis, we are busy planning the 2nd LMU General Medicine Day as a face-to-face event, which is to take place on Saturday, October 3rd: This year it will be at the Großhadern Hospital, due to the larger premises. Whatever the current situation requires: We look forward to your active participation and the cooperative exchange for a variety of seminars, including shared decision making, chronic wounds, cannabis: indication and prescription, asthma, forensic aspects in practice and much more. The program with a booking link can be found on our [Homepage >Lehre> Fortbildung](#). Or just click [here](#) to the event page, where you can book directly.

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The 7th Hufeland Lecture by the General Practice Foundation

The highlight of the LMU General Medicine Day will be the "Hufeland Lecture" with the title "Madame Doctor, why me?" to be given by Professor Norbert Donner-Banzhoff. This prize is awarded annually by the [Stiftung Allgemeinmedizin](#). Prof. Norbert Donner-Banzhoff's will consider clinical causality and in his lecture will highlight how general practitioners can sensitively advise and treat their patients. The family doctor Prof. Donner-Banzhoff is a professor at the University of Marburg and is also known as a successful author in general medicine.

The General Practice Foundation (Stiftung Allgemeinmedizin) is a civic, non-profit foundation. It promotes scientific and practical interests, the education, further and advanced training of general practitioners, as well as research and practice in primary care. Another focus is the film series "Doctor as Patient". In the course of July, you will find new films on the foundation's homepage ([Stiftungs-Homepage](#)) and on [the Foundation's You-Tube channel](#). Colleagues from our team of teaching doctors report openly and personally about their experiences as patients. Thank you for your participation!

The General Medicine Foundation is currently looking for general practitioners to report on their experiences on the subject of COVID-19 in front of the camera: the special challenges in everyday practice and/ or about personal experiences with the disease.

Jochen.Gensichen@med.uni-muenchen.de

As a team with TUM

We „LMUler“ now meet regularly with the TUM general practitioners for a joint "Work In Progress" seminar. Planned and completed research projects of both institutes in Munich are methodically checked here and results are interpreted clinically. First we discussed (online) with Dr. Kellerer (TUM) results on capnovolumetry. You too, dear teaching doctors, are cordially invited! You can find topics and dates on our [Homepage> Forschung](#). To plan, please register with:

Tobias.Dreischulte@med.uni-muenchen.de

Publications

Our publications you find at our [Homepage](#).

Job offers

You want to become part of our team? Learn more at our [Homepage > Jobs](#).

Our Newsletter is published three times a year.

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