



Dear colleagues and friends of the Institute,

The year begins with urgent challenges for family doctors and their practice teams. I would like to refer you to the DEGAM homepage www.degam.de: There you will find a helpful guide to Covid-2019 for family doctors and a flyer for your patients.

At the same time we must not sacrifice other tasks to the "Demands of urgent Matters". As an institute for general medicine, we have the task, together with our teaching physicians, of "getting the next generation of doctors on the road". It is students, assistants and young colleagues shortly after settling down who need our support or whom we must - and are allowed to - accompany. The current newsletter focuses on information about our teaching tasks.

So far, I have visited over 70 colleagues who are involved in LMU teaching in their practices. During each of these visits, I have had the opportunity to learn more about the diverse requirements and tasks of our profession from you and your practice teams. After a break last year, I would like to resume these visits regularly in order to get to know you personally. And also to be available to you as a contact person in addition to our events, such as the meetings of the teaching staff or the LMU Day of General Medicine.

With thanks and greetings,
sincerely yours,

Jochen Gensichen & the team of the LMU-General Practice

EARLY DETECTION OF MEDICATION RISKS

The medical informatics initiative of the BMBF aims to make routine data of inpatient care scientifically usable. Currently, a core data set is to be collected at more than 10 locations, which can be used to improve drug therapy safety. We are involved in this project. To this end, the POLAR research group (POLypharmacy, Drug Interactions, Risks) will develop algorithms in five subprojects, with the help of which patients at high risk of adverse drug reactions (ADRs) can be identified from routine data. Tobias Dreischulte will lead the subproject "Hospital initiation with suspected adverse drug reactions" in cooperation with the Clinical Pharmacy, the Medical Informatics and the Data Integration Center. Tobias.Dreischulte@med.uni-muenchen.de

HELP FOR BURDENED PATIENTS FOLLOWING ICU

Helping patients who are psychologically burdened after a stay in an intensive care unit with little expenditure of time: In our PICTURE study we investigate a conversation technique specially adapted for family doctors. More than 50 general practitioners and their patients are already actively participating in the Germany-wide project. First reports show that this conversation technique (narrative exposure therapy - NET) can be used well in everyday practice because it is short and stringent. Do you have patients who seem emotionally stressed after an ICU stay? Then please contact Ann.Ruechardt@med.uni-muenchen.de

OUR NEW BRANDING: "LMU KLINIKUM"

Since February 11, 2020, the University Hospital of Munich has been presenting itself with a new branding. This also serves to better distinguish the two university hospitals in Munich. The "Klinikum der Universität München" has now become the "LMU Klinikum", with a new logo and the new Internet portal www.lmu-klinikum.de - under the motto "Gemeinsam. Caring. Ground-breaking." In the hospital, more than ten thousand people work together for patients in and around Munich and the world, and with us as well - the institute with all active colleagues in the teaching and research practices in Bavaria. Andrea.Bischoff@med.uni-muenchen.de

WORK IN PROGRESS: VACCINATION DECISIONS

It is part of the institute's daily routine to examine all projects again and again; therefore the study protocols and results are discussed during the monthly "Work in Progress". Most recently: Is the vaccination counselling process found to be participatory? Does that make any sense at all in this context? Does it have an impact on vaccination rates? We are currently investigating this in a systematic review of shared decision making in vaccination. We expect the results of the literature research in late summer this year.

Flora.Kuehne@med.uni-muenchen.de

Dear colleagues, would you like to participate in the discussion of the Institute's most current issues? You are cordially invited! The work-in-progress seminars take place once a month on Wednesdays from 5 - 6:30 pm, for upcoming dates please see our website. If you would like to participate, please register with Prof. Dr. Dreischulte. We would be pleased to welcome about three additional participants per seminar. Tobias.Dreischulte@med.uni-muenchen.de

DAVID-SACKETT-PRICE FOR JOCHEN GENSICHEN

Named after the pioneer of "evidence-based medicine", this year's David Sackett Prize went to the Paradise Study Group led by Jochen Gensichen. They had successfully developed and tested a short intervention with four medical appointments (approx. 30 min) and 10 telephone calls with a MFA (approx. 10 min) over six months for the general practitioner treatment of panic disorders. The German Network for Evidence-Based Medicine EbM presented the award on 14 February, 2020 at the EbM Network Annual Congress in Basel.

Jochen.Gensichen@med.uni-muenchen.de

AGE-WELL STUDY: THANK YOU DEAR COLLEAGUES!

The AgeWell.de intervention study investigates which physical, cognitive and social activities can help keep people mentally fit in old age and possibly prevent dementia. We in Munich are contributing to this large nationwide study with 130 family doctor patients (in charge: Prof. Steffi Riedel-Heller, ISAP University Leipzig). All participants were visited at home for the first time, further home visits by Andrea Bischoff will follow. First results are expected in 2021. We thank you for your cooperation! Andrea.Bischoff@med.uni-muenchen.de

ADULT PATIENTS WITH ADHD They went to a paediatrician when they were children, now as adults, they go to the family doctor. What can we do for ADHD patients? Medication? Can support from the practice team in self-management help the affected patients? How can we take into account the often accompanying depressive or anxious symptoms of the patients? In the preliminary stage, we want to test the suitability of the manuals and exercises with some practices. If you are interested, please send us an email: Cora.Ballmann@med.uni-muenchen.de

IMPRESSUM

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DATES & EVENTS

(Due to the current situation events may take place online, please see website)

Road Safety Forum, Fri. and Sat., 6/7 March The older generation is mobile, not only in cars, but also by pedelec and e-scooter. The "Road Safety Forum" will discuss polypharmacy and accidents or falls - but also the opportunities offered by new mobility. Institute for Forensic Medicine, register now! s. our [Homepage](#)

Teaching physicians meeting 22 April and 28 October Also this year the meetings with our teachers will take place on Wednesday, from 6:30 - 8:30 pm in room E0.81 in the Old Polyclinic. There are continuing education points for the meetings. Registrations on: Tamara.Hartmann@med.uni-muenchen.de

Junior day compact BHÄV & Get-Together, 7 May in Erlangen Medical school - and then what? On the day before the Bavarian General Practitioners' Day, an information and discussion event will be held especially for the young generation of doctors, followed by a get-together, free food, drink and music. Program, registration and application for travel expenses reimbursement at the [Website Bayerischer Hausärztetag](#)

28th Bavarian General Practitioners' Day The BHÄV has once again put together a colourful bouquet of further training offers for the family doctor's practice. For the programme and registration see the [Website Bayerischer Hausärztetag](#)

45. GHA-Symposium 16./ 17. May in Baierbrunn The Society of University Lecturers in General Medicine organizes its annual symposium on Saturday at 9 am until Sunday at 3 pm. Registration and hotel reservation at www.stiftung-rufzeichen-gesundheit.de

General medicine compact, part 1 Fr, 19 - Sat, 20 June in Munich Preparation for the specialist examination and refresher course. Further information also for registration on our [Homepage>Lehre>Weiterbildung](#)

DEGAM- & WONCA-Congress 24. - 27. Juni in Berlin This year the 25th annual WONCA conference will be combined with the 54th Congress of the German Society of General Practice and Family Medicine, see [Website Wonca Europe2020](#) and [DEGAM-Homepage](#)

LMU Day of General Medicine Saturday, 3 October 8 am - 5 pm After last year's prelude in spring, the LMU Day of General Medicine will in future take place in October - this time on the last weekend of the Oktoberfest. So we are free to drink a toast together after this intensive training event. Invitations will follow, registrations are already possible at: Paul.Delker@med.uni-muenchen.de

LEHRE

MAJOR SYMPTOMS AND PATIENT CASES

General medicine is the only department at the university that is fully dedicated to outpatient care. Young doctors - whether or not they later become general practitioners - learn skills with us that go far beyond our area of expertise. Dealing with early symptoms, the reliable overview of findings and treatments, e.g. for patients with multiple diseases, or the long accompaniment of patients, even until the end of their lives, requires clinically experienced doctors who can teach this. The "General Medicine Seminar" has been a central part of the medical education at the LMU for more than 10 years. Here, all our students learn in the two sections "major symptoms" and "patient presentation" the very practical basics of patient care. Some of our older colleagues are now retiring - thank you very much! Now we are looking forward to you, the next lecturers! We would be very pleased if you would like to lead a seminar with us. Please contact us for further information on the job of a seminar leader: Linda.Sanftenberg@med.uni-muenchen.de

PRACTICAL YEAR IN THE NEW LICENSING REGULATIONS

The Federal Ministry of Health has presented the working draft of the new licensing regulations for physicians. Whatever the outcome of the draft, one thing is certain: a significant strengthening of general practice is planned, including an outpatient quarter of the practical year with subsequent examination (if necessary exclusively) in general practice. We therefore expect a significant increase in the number of students. Would you like to accompany young doctors for three months in your practice on their way to becoming a good doctor? Learn more: Paul.Delker@med.uni-muenchen.de

WARM AND CORDIAL

...this is the motto of our mentoring for doctors in further education in general practice. In individual mentoring, experienced general practitioners advise young colleagues in further training confidentially and personally: on questions of life in the practice, the compatibility of family and career or how to deal with difficult medical decisions. Here you are a companion and role model! You can learn the basics of mentoring online and then be ready for the next doctors: <https://mentoring.kompetenzzentrum-weiterbildung.de>. Please contact us if you have any questions: Sabine.Schluessel@med.uni-muenchen.de.

PRIMARY CARE MANAGERS OF TOMORROW

Participants of the general medical further education programs "Hausarzt 360°" (LMU) and "Structured Continuing Education-UKJ" (University Hospital Jena) got to know each other on February 28th. At the invitation of the Foundation for General Medicine, the 15 colleagues spent a weekend together at the halfway point in Bamberg to exchange ideas and network with each other about their projects and future plans. Prof. Dr. Annette Becker, Dean of Studies of the Philipps University of Marburg and curator of the foundation, supported the career planning with her lecture "Networking and Communities". Contact: Andrea.Bischoff@med.uni-muenchen.de

FIRESIDE CHAT WITH MINISTER MELANIE HUML

On November 20, our residents in the LMU Leadership Program hosted Minister of Health and Nursing Melanie Huml at a fireside chat - and the Minister agreed to attend in order to learn more about the perspectives of the next generation of doctors on the topic of the shortage of skilled workers and our "GP 360°" program. Opportunities, obstacles and the numerous support measures against the shortage of GPs in the Bavaria were discussed. Among other things, the Minister shared with them the expectation that tomorrow's medical leaders will not only need comprehensive professional expertise but also special empathy for patients. Contact: Paul.Delker@med.uni-muenchen.de

SUBSIDY FOR THE BLOCK INTERNSHIP

Beginning this year, the foundation of the Bavarian General Practitioners' Association has been supporting 40 LMU and TMU medical students, when they complete their block internship in general medicine in a rural doctor's practice. Information and application on the [Homepage of the BHÄV](#) or at stiftung@bhaev.de

PUBLICATIONS You will find our new publications on our [Homepage](#).

JOB OFFERS

Would you like to join our team? We are currently looking for a physician or medical didactician to coordinate the teaching department, a practice trainee and student assistants. You can find the job descriptions on our [Homepage > Jobs](#).

Our newsletter is published 3 times a year. If you no longer would like to receive it, please send us an e-mail to: allgemeinmedizin@med.uni-muenchen.de

