



Dear colleagues and dear friends of the Institute,

After the friendly welcome words by Prof. Gensichen in the last newsletter, I am happy to introduce myself to you personally. Originally from Haselünne, Emsland in northwestern Germany, and after 10 years of research in Dundee, Scotland, I gladly accepted the call to the professorship for Clinical Health Services research in Munich (not only because of the better weather!). I was joined by Dr. Sebastian Böhr, who will support me in setting up the Pharmacotherapy Research Group at the Institute. As clinical pharmacists, our focus in teaching and research is on drug safety, especially for patients with multimorbidity and polypharmacy. From my time in Scotland I bring two approaches with which we want to set new research accents: Firstly, the use of routine data for scientific purposes, e.g. observational research into medication related falls, as well as for clinical purposes (e.g. by developing decision-support medication review). Secondly we plan to work towards strengthening the cooperation between physicians and pharmacists in outpatient care. You will find first insights into some of these projects in this newsletter. We can only achieve these goals by working together with you: I am very much looking forward to our trustful cooperation!

Yours sincerely,

Tobias Dreischulte

& the

LMU General Practice - Team

IMPRESSUM

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FALLS CAUSED BY DRUG-DRUG INTERACTIONS

Many drugs cause an increased risk of falling due to their side effect profile. The risk that arises from the combination of different drugs is not well understood. Especially in older multimorbid patients there is a potentially increased risk. We are currently conducting a database analysis on this topic in order to generate risk estimates stratified by age and co-prescription. These will help doctors to better assess the risk of falling of their patients.

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POST-INTENSIVE CARE SYNDROME

More and more people can survive a life-threatening condition thanks to advances in critical care medicine. It is estimated that at least one out of four of these patients subsequently suffers from a combination of physical and mental impairments, summarized as Post-Intensive Care Syndrome (PICS). In a project from our residency program "Hausarzt 360°", we will investigate the occurrence of this syndrome in a cohort of German sepsis survivors

based on data from the SMOOTH study.

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LACK OF FAMILY PHYSICIANS – AN OVERVIEW OF SUPPORT PROGRAMS IN BAVARIA

In another "Hausarzt 360°" residency project, we are currently carrying out a survey of all support programs for general medicine residency programs. The aim is to compile a list of support measures for those interested, particularly pointing out support programs in areas of undersupply or imminent shortage. This register should also serve as an orientation for planning support measures in the future.

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COURSES OF ILLNESS IN PANIC DISORDER

Using data from the PARADIES study, which examined a primary care intervention for panic disorder, we were able to identify three distinct courses of illness in the participants. Knowledge of the development of symptoms can help general practitioners tailor treatment options to their patients. These results were recently published in Scientific Reports (Lukaschek et al., Sci Rep 2019).

Karoline.Lukaschek@med.uni-muenchen.de

SUICIDE PREVENTION IN PRIMARY CARE

The high prevalence of suicide attempts and thoughts is offset by a diagnostic deficit of suicidality. General practitioners are often the first and only contact for affected patients. A new suicide screening questionnaire entitled "P4" consisting of four questions is intended to support timely diagnosis. The four "P" of the questionnaire stand for "past" (previous suicide attempts), "plan", "probability" (of a suicide attempt) and "prevention" (preventive factors). In a "Hausarzt 360°" residency project, we are investigating the use of this screening questionnaire in the primary care setting. Would you like to participate?

Sabine.Schluessel@med.uni-muenchen.de

MULTIPLE HEALTHCARE PROVIDERS, ONE BARRIER

Patients with mental illness require a target-oriented coordination between their healthcare providers. For patients with a foreign background, the language barrier also represents a significant difficulty in medical care. We are currently addressing this topic in a clinical case report - another "Hausarzt 360°" project.

Flora.Kuehne@med.uni-muenchen.de

GOOD INTENTIONS, BUT...

Ageing societies are a burden on health care systems and many countries are testing interventions to make health care processes more effective and efficient. Evaluations of such interventions are usually limited to assessing (cost-)effectiveness. However, as with drugs, such interventions can have side effects - both positive and negative. Together with other scientists and experts for quality management, we have investigated when and how such side effects should be evaluated as part of larger initiatives to improve the quality of health services. (Dreischulte et al., BMJ Qual Saf. 2018).

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DATES & EVENTS

Mentoring for general medicine residents, July 10th, 2019

As part of the competence center for general medicine residency, we offer a mentoring seminar called "Strengthening responsibility" for teaching specialist physicians. In a pilot mentoring project, mentor and mentee are brought together via an online matching platform so that residents can benefit as much as possible from the practical knowledge of experienced colleagues. Are you interested in becoming a mentor? University Hospital Regensburg, Building H5, Room 1.15, 14-18 hrs. Lina.Lauffer@med.uni-muenchen.de

Dragon boat race; July 12th, 2019

This year's LMU/TUM dragon boat race will take place on July 12th at 3 p.m. on the Olympic Lake. GPs who would like to join our team are welcome – please send an email to: Sabine.Schluessel@med.uni-muenchen.de

DEGAM Congress

September 13th, 2019

The annual congress of the German Society for General and Family Medicine (DEGAM) takes place in Erlangen this year. The institute will be present with 14 contributions - the schedule can be found on our [homepage](#) shortly.

Hufeland-Lecture

September 13th, 2019

Every year, the Primary Health Care Foundation (Stiftung Allgemeinmedizin) honours outstanding personalities with the "Hufeland Lecture". In 2019 the prize goes to Professor Micha Brumlik. His Hufeland Lecture "Hufeland und Immanuel Kant - der Arztberuf als ethische Praxis" will take place at the DEGAM Congress in Erlangen. Andrea.Bischoff@med.uni-muenchen.de

Teaching physicians meeting & training, October 14th, 2020

Teaching physicians at the LMU Institute of General Practice should attend one of our training events once a year. The next event take place on October 16th in seminar room 81, Pettenkoferstr. 8a. CME points awarded for participation Lina.Lauffer@med.uni-muenchen.de

Second LMU day of General Medicine, October 24th, 2020

Our first LMU Day of General Medicine was a great success, which we will follow up and expand on next year. The event with workshops and networking opportunities will once again take place on a Saturday, October 24th, 2020 – Save the date! The program and registration forms will be sent out and published on our homepage at the beginning of 2020. Lina.Lauffer@med.uni-muenchen.de

TEACHING

TEACHING OFFICE

Tamara Hartmann is our new Executive Secretary for Teaching. As Ms. Sedlmayr's successor, she is the first point of contact for our students and teaching physicians. You can reach her at the following telephone number: 089-4400-54928.

Tamara.Hartmann@med.uni-muenchen.de

POLYPHARMACY

Professor Tobias Dreischulte is now part of the team delivering our teaching curriculum. Together with his colleague Dr. Sebastian Böhr, he has led the seminar on polypharmacy in April 2019. In the current summer the two pharmacists offer three lectures on "Drug dosing", "Pharmacotherapy and geriatric symptoms" and "Rational antibiotic therapy". In the coming winter term, they will also offer elective courses in health services research and polypharmacy in clinical practice. We are pleased to offer these courses to our students!

Tobias.Dreischulte@med.uni-muenchen.de

APPLIED PHARMACOTHERAPY IN PRIMARY CARE

We will offer a series of seminars on the identification of drug Therapy risks for medical and pharmacy students in the coming term. This seminar should also promote cooperation between aspiring physicians and pharmacists, and offer the opportunity to benefit from the expertise of the other profession. In the individual seminars, the participants will work in mixed groups on individual case studies of patients with multiple chronic illnesses.

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ONLINE COURSE ON VACCINATION MEDICINE

For the online course on vaccination medicine called "Impfen? Ein Baustein der Prävention", we have developed 12 learning cases in cooperation with the University of Coburg and the Virtual University of Bavaria (VHB). The course is available to students and faculty members at <https://kurse.vhb.org>.

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TEACHING PRACTICES

We are expanding the capacity of our teaching practices for pre-registration medical students. Interested physicians can apply for the status of LMU teaching practice. A training course is required for this. The first training course for teaching physicians took place in April, the next courses are scheduled for Thursday and Friday, December 5 and 6, 2019, as well as for the second LMU Day of General Practice on Saturday, March 14, 2020.

Lina.Lauffer@med.uni-muenchen.de

MUNICH CLINICIAN SCIENTIST PROGRAM (MCSP)

Medical progress requires physicians that participate in research as well as clinical practice – "clinician scientists". In June 2019, the first candidate from our residency program "Hausarzt 360°", Dr. Robert Philipp Kosilek, was admitted to the Munich Clinician Scientist Program (MCSP). With training events and opportunities for cooperation, this program offers ideal conditions for progress in clinical research.

Robert.Philipp.Kosilek@med.uni-muenchen.de

FAMILY DOCTORS WANTED FOR A SHORT FILM INTERVIEW

The Primary Health Care Foundation (Stiftung Allgemeinmedizin) continues its film series on the topic "The doctor as a patient". You can find the previous films at www.stiftung-allgemeinmedizin.de Shooting will take place on Friday, 13.09.2019 in Erlangen at the location of the DEGAM congress. For this purpose, the Primary Health Care Foundation is still looking for colleagues who will do a short interview about their experiences and thoughts on when they themselves were in the role of a patient. We would be delighted to hear from you! If you are interested, please call: 089-4400-53374 or send an e-mail:

Andrea.Bischoff@med.uni-muenchen.de

PUBLICATIONS:

The current list of our publications can be found on our homepage:

<http://allgemeinmedizin.klinikum.uni-muenchen.de>

Our newsletter is published three times a year.

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